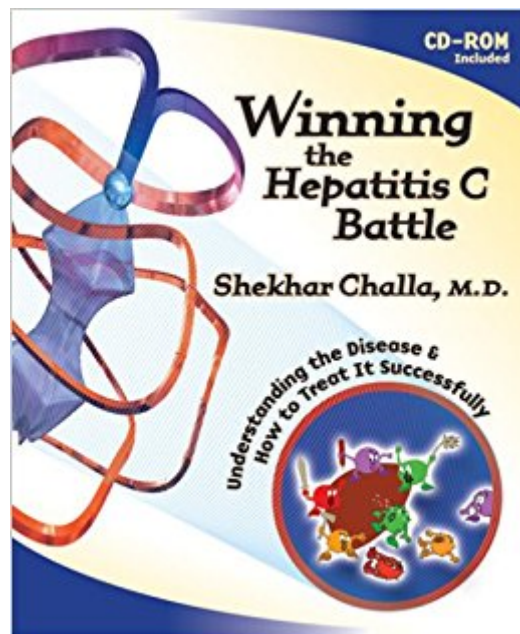




The book was found

Winning The Hepatitis C Battle: Understanding The Disease And How To Treat It Successfully



Synopsis

Easy to read information on the liver and the damage it can suffer from Hepatitis C. This book walks the reader through the treatment process with patients who have suffered from the disease. Also includes interactive CD-Rom.

Book Information

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Customer Reviews

Good information

Great service and value

Winning the Hepatitis C Battle is an extremely reader-friendly book, meant for patients, supporters, doctors and health-care professionals - in short, any one who needs to know about hepatitis C and the treatment options against it. Written by Dr. Shekhar Challa, M.D., Gastroenterologist and Hepatologist, the book provides a single-stop handy reference to patients and their families/friends, when the diagnosis of Hepatitis C comes up first. It helps the other health-care professionals, physicians and yes, even the specialist by saving his/her valuable time and energy in explaining to the patients/supporters, the many questions that are bound to arise in the context of such a diagnosis. With the help of a beautifully produced and easy-to-understand book and an interactive CD-ROM, Dr. Challa and his team explain all that a person needs to normally know about this Silent Epidemic. The book starts right from the beginning, that is the

Diagnosis, then explains the seat of action - the Liver, its functions, the differences between Hepatitis A, B,...E, specific signs, symptoms and complications of Hepatitis C. It then goes on to the treatment options, and looks at the alternative treatment and special situations. The book has FAQs, Glossary, links to useful websites and an Index. All in all, the book is a complete handy reference guide to the Successful Treatment of Hepatitis C. Dr. Challa brings out the various advances in treatment options including as-on-today, the most successful combination of pegylated interferon and Ribavirin. But he brings out that the most important ingredients in the treatment protocol and which only the patient can supply are courage and optimism. These in fact, give the desire to live to the patient. Without that desire, even the best physician can't help. So, what ever may be the stage of the disease, beginning, advanced, or resistant to the standard treatment, the message is simple - never give up. Coming from a main stream gastroenterologist, the treatment of the chapter 6, Herbs and Alternative Medicine is fairly unbiased and this reviewer didn't expect a more active support to or detailed coverage of an important topic. Though not medically qualified, this reviewer has a long association and interaction with health-care professionals including those from the alternative systems and is thus aware of many successful treatment options. But to be fair to the author, Dr. Challa doesn't forbid you from following the alternative treatment route. He could have avoided the statement, ""Even though it is clear that alternative medicine therapy has minimal or no role in treatment of hepatitis C, ..."" and instead, could have offered to work with such patients who need to take the alternative treatment route for any reason, including the problem of side-effects, the enormous expenditure or the ineffectiveness of the Standard Treatment. This book is primarily meant for the US Market, and hence discusses the statistics of Hepatitis C in USA, and the examples of the Patient Case Studies are also from USA. The basic principles of Hepatitis are of course common and applicable to any one any where in the world. To that extent, this book will be of interest to the rest of the world. One attractive feature of the CD-ROM (which is bundled with the book) is the incorporation of a Cross Word Puzzle to test the user of his/her understanding of the subject. The CD-ROM addresses the same subjects dealt with in the book, but will be found to be useful to those who don't like to read or understand better from an inter-active Audio-Assisted Video presentation of the subject. The book, on the other hand, will be appreciated by people like this reviewer, who found it slightly difficult to follow the American accent. The book is well produced and is a pleasure to work through. Together, the Book+CD provide a good value to the buyer. It makes for a good gift to oneself or to some one who you think will benefit. In conclusion, this reviewer would like to compliment Dr. Challa for bringing out a readable, reliable and affordable (for the US Market) publication on one of the major Health concerns.

Tired of finding a piece of information on Hepatitis C here and a piece there but unable to put it all together into a complete picture? In his book "Winning the Hepatitis C Battle" author Shekhar Challa, M.D. provides a comprehensive, authoritative overview of the disease. Dr. Challa discusses the diagnosis of the disease, treatment options, potential complications, and even herbs and other alternative treatments. One of the things that make this book unique is the inclusion of the emotional aspects of being diagnosed with Hepatitis C and going through treatment. Dr. Challa includes many of the personal thoughts and comments of Denise Hudman from the point where she was diagnosed with Hepatitis C through some of her feelings as she went through treatment. This is invaluable insight if you are dealing with a friend who has been diagnosed with the disease. "Winning the Hepatitis C Battle" also includes a frequently asked questions section and a glossary. With the comprehensive coverage and easy to understand writing style this is a highly recommended read for anyone wanting to gain a broad understanding of Hepatitis C.

Winning the Hepatitis C Battle contains in-depth information necessary to fight hepatitis C. Written in an easy-to-understand format that includes the personal stories of many patients, the book and CD-ROM covers the topics needed for a complete understanding of the disease. Subjects include your liver and how it functions; hepatitis C and its effects on your body; and hepatitis C treatment and the side effects to that process. This book and CD-ROM is recommended for anyone who has hepatitis C themselves or whose loved one is afflicted with the disease.

When this book and CD combination came out, it was exactly what the hepatitis C community needed. It was fun, hopeful, informative, and unique. Unfortunately, it is now out of date, and although the encouraging message is still current, the treatment choices are not. Thank you, Dr. Challa for your contribution to the hepatitis C community.

With the discovery in 1989 of the virus that causes this disease, there have been great leaps in its management & Dr. Challa's WINNING THE HEPATITIS C BATTLE is one of the most positive pieces of news yet. With short patient stories, diagrams, pictures & simple explanations, Rebecca's Reads recommends this book with its CD-ROM for anyone who has been touched by this "silent" killer.

Very informative. Good current information.

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